How to expand your comfort zone

why?



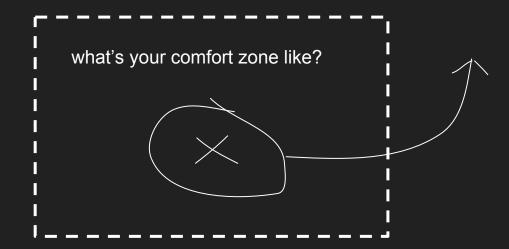
where the magic happens

what does your comfort zone look like?

your expanded comfort zone

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your expanded comfort zone



acknowledge what's working well

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explore nem possibilities

change & grow

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